

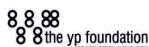
# The International Association for Adolescent Health 11<sup>th</sup> World Congress on Adolescent Health

*Investing in Adolescent Health - the Future is Now*  
**26-29 October, 2017 | Hotel Pullman, Aerocity, New Delhi**



## YOUTH ENGAGEMENT PLAN

### Consortium Partners



### Scientific and Professional Association Partners





# Youth Engagement Plan

Youth Hub, a designated room, is created to provide a safe space for young people attending the 11th World Congress on Adolescent Health 2017. This will be central point for all youth-led activities at the Congress, and will spearhead a process of knowledge building, skills sharing and networking between youth attendees at the Congress. This booklet mainly covers the schedule.

## **YOUTH CHARTER & DRAFTING PROCESS**

Youth Delegates are invited to draft a charter articulating non negotiables of working with young people, key adolescent health issues, and priorities for investment within adolescent health. Recommendations in the charter will inform programming and policy

development as well as funding priorities. The Youth Charter will be finalised during the Congress and will be released at the closing ceremony. A drafting committee will be nominated from among the youth delegates to lead this.

## **THEMATIC SESSIONS**

Keeping in mind the main fields that you, as Youth Delegates, are working in, 9 thematic sessions have been organised with prominent Indian and international organisations. The details of these sessions have been mentioned in the document.

# YOUTH ENGAGEMENT: THURSDAY, 26TH OCTOBER 2017

TIME DURATION	YOUTH ENGAGEMENT
09:00– 09:45	Welcome and Introduction
09:45– 10:30	Navigating the Conference
10:30– 12:00	Examining Adolescent Health and Rights
12:00– 13:00	Introduction to the Youth Charter

13:00–13:30 **LUNCH**

13:30– 16:30	<p><b>SKILL BUILDING SESSIONS:</b></p> <p><b>A.</b> How to develop &amp; run a health promotion intervention in community with a focus on NCDs within the context of a multi-faceted, sustainable, system-based approach;</p> <p><b>B.</b> Teen healthy Go: How to build an effective partnership between young people and professionals in training programs;</p> <p><b>C.</b> Young people’s health and well-being: adequate care in vulnerable settings: Youth Participation and Ethical Involvement;</p> <p><b>D.</b> How to be an effective advocate for adolescent health;</p> <p><b>E.</b> Harnessing new media for adolescent health: The role of social networking and innovation</p>
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16:30–17:30 **BREAK**

17:30– 19:00	Opening Ceremony
19:00– 20:00	Welcome Reception



# DAY 1: FRIDAY, 27TH OCTOBER 2017

TIME DURATION	CONGRESS SCHEDULE	YOUTH ENGAGEMENT	DRAFTING OF YOUTH CHARTER
09:00–10:00	Keynote Lecture		
10:00–11:00	Plenary Symposia		

11:00–11:30 **BREAK**

11:30–13:00	Parallel Symposia	<b>YOUTH SESSION 1 THEME 1</b> <b>Peacock ballroom 1</b> User Centric Design approach & its relevance to adolescent health programming Host organization: IDEO	Members of the drafting committee bring back inputs and key learning from the discussion to incorporation into the Youth Charter.
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13:00–14:30 **LUNCH + POSTER WALK**

14:30–15:00	Debate		
15:00–16:00	Plenary Symposia <i>mental health</i>	<b>Networking Session</b> with key players under different themes of adolescent health. This will include networking meetings among young people, subject experts, academicians, donors, CSO representatives etc.	Members of the drafting committee bring back inputs and key learning from the discussion to incorporation into the Youth Charter.

16:00–16:30 **BREAK**

16:30–18:00	Parallel Symposia	<b>YOUTH SESSION 2 THEME 2</b> <b>Co meeting room 4</b> Barriers and facilitators: Enabling stigma-free access to Sexual and Reproductive Health services Host organization: TYPF	Members of the drafting committee bring back inputs and key learning from the discussion to incorporation into the Youth Charter.
18:00–19:00	Post Conference	Drafting Committee members will work together to develop a first draft of the Youth Charter.	

## DAY 2: SATURDAY, 28TH OCTOBER 2017

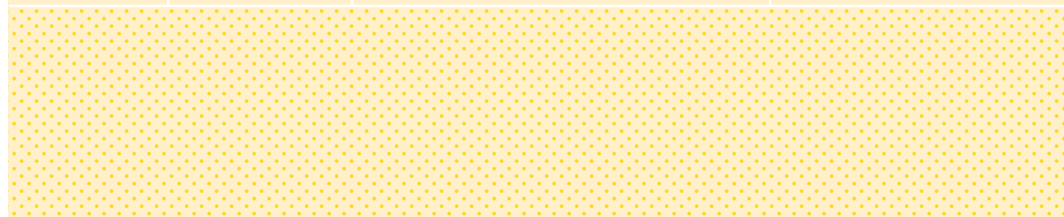
TIME DURATION	CONGRESS SCHEDULE	YOUTH ENGAGEMENT	DRAFTING OF YOUTH CHARTER
09:00–10:00	Keynote Lecture		
10:00–11:00	Plenary Symposia		

11:00–11:30 **BREAK**

11:30–13:00	Parallel Symposia (5 Sessions)	<p><b>YOUTH SESSION 3</b> <b>THEME 3</b></p> <p>Co meeting room 9</p> <p>Intersections of non-conforming gender and sexual identities with adolescent health Host organizations: TYPF and SAATHI</p> <p><b>THEME 4</b></p> <p>Co meeting room 10</p> <p>Turning the tide on NCDs: Mobilizing the next generation through knowledge, advocacy &amp; action. Host organizations: Young Professionals Chronic Disease Network</p>	Members of the drafting committee bring back inputs and key learning from the discussion to incorporation into the Youth Charter.
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13:00–14:30 **LUNCH + POSTER WALK**

14:30–15:00	Debate		
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## DAY 2: SATURDAY, 28TH OCTOBER 2017

TIME DURATION	CONGRESS SCHEDULE	YOUTH ENGAGEMENT	DRAFTING OF YOUTH CHARTER
15:00–16:00	IAAH General Body Meeting	<b>YOUTH SESSION 4 THEME 5</b> Co meeting room 9 Self-care and Adolescents: It's Ok to Talk! Host organization: Sangath  <b>THEME 6</b> Co meeting room 10 HIV/AIDS epidemic: Advocating for responsive policies Host organization: National Coalition of People Living with HIV in India (NCPI+)	Members of the drafting committee bring back inputs and key learning from the discussion to incorporation into the Youth Charter.

16:00–16:30 **BREAK**

16:30–17:30	IAAH General Body Meeting	<b>YOUTH SESSION 5 THEME 7</b> Co meeting room 9 When disaster strikes: Responding to adolescent health and priorities. Host organization: TYPF and IPPF (South Asia)  <b>THEME 8</b> Co meeting room 10 Addressing Gender Based Violence as a Public Health issue Host organization: She Says India	Young people including members of drafting committee bring back inputs from learning of the discussion into the draft.
17:30–18:30	Post Conference		Drafting Committee members work together to develop a revised draft

20:00–22:00 **NETWORKING DINNER**

## DAY 3: SUNDAY, 29TH OCTOBER 2017

TIME DURATION	CONGRESS SCHEDULE	YOUTH ENGAGEMENT	DRAFTING OF YOUTH CHARTER
09:00–10:00	Keynote Lecture		
10:00–11:00	Plenary Symposium		

11:00–11:30 **BREAK**

11:30–13:00	Parallel Symposia (5 Sessions)	<b>YOUTH SESSION 6 THEME 9</b> Co meeting room 4 Comprehensive Sexuality Education Youth for CSE: Transacting, Advocating and Addressing Community push-back Host organizations: TYPF & UNESCO	Drafting Committee members develop the final version of the Youth Charter
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13:00–14:00 **LUNCH + POSTER WALK**

14:30–15:00	Debate		Drafting Committee members develop the final version of the Youth Charter
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15:00–15:30 **BREAK**

15:30–16:30	Closing Ceremony		
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# Thematic Sessions

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## **ADOLESCENT HEALTH PROGRAMMING**

*User Centric Design approach and its relevance to adolescent health programming*

### **Chair**

MOHFW (TBD)

### **Facilitator**

Robin Hayashi and Jocelyn Wyatt  
(IDEO, USA)

### **Speakers**

Kareena, Adolescent Community Leader (TYPF)

Human-centered design is a creative way to approach typical public health programming and has the potential to be a key tactic in transforming interventions by incorporating a human rights lens. Empowering youth by utilizing this method can therefore be extremely

beneficial in adolescent health programming. The overall goal of the session is to introduce the concept and advantages of utilizing a user centric design approach for meaningfully engaging young people in adolescent health programming. The session will take place in the form of a panel discussion.

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## **SEXUAL & REPRODUCTIVE HEALTH & RIGHTS**

*Barriers and facilitators: Enabling stigma-free access to Sexual and Reproductive Health services*

### **Facilitator**

Vinita Sahasranaman (TYPF)

### **Speakers**

Armah Francis Oko (Curious Minds, Ghana), Trang Le (Women Deliver Young Leader, Vietnam), Jasmine George (Hidden Pockets, India), Manasa Priya Vasudevan (TYPF)



Providing access to sexual and reproductive health information and services still remains debated and policed by many governments across the world. Services needed to safely address and ensure sexual and reproductive health of adolescents and young people are inaccessible, stigmatized or altogether, unavailable. This session will analyze key barriers that affect girls, young women and other marginalized young people (such as LBT persons) while accessing SRH services. The session will focus on social, political, economic and cultural contexts in the Global South that impede this access.

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**SOGI (SEXUAL ORIENTATION AND GENDER IDENTITY) & ADOLESCENT HEALTH**

*Intersections of non-conforming gender and sexual identities with adolescent health*

**Facilitator**

Shruti Arora (TYPF) and Amrita (SAATHI)

**Speakers**

Sumit (MAMTA)

Adolescence is an especially important time for exploration and understanding of sexuality, sexual orientation and gender identity. This interactive workshop will equip participants with an understanding of sexual orientation and gender identities. Using participatory methodologies, participants will explore the intersections of SOGI and health and wellbeing.

Participants will also strategise on ways in which the absence of SOGI issues in adolescent health programme can be addressed in order to include the voices of LGBTI communities.

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## **NON-COMMUNICABLE DISEASES TURNING THE TIDE ON NCDS:**

*Mobilizing the next generation  
through Knowledge, Advocacy and  
Action*

### **Facilitator**

Ishu Kataria (Young Professionals  
Chronic Disease Network)

### **Speakers**

Dr. Shailaja Daral, Arun Rana  
(MAMTA), Liam Sollis (Plan  
International), Janvier Kabogo  
(YP-CDN), Elie Mandela (Hultz Prize  
Rwanda)

Non-communicable diseases (NCDs) are major public health problems and leading contributors to premature death and loss of DALYs globally. These are caused by behaviours that are initiated in early age. Thus, positive behavioural changes by younger generation hold key to reverse the NCD epidemic in the world. This session will explore how the next generation

is equipping itself to face this emerging challenge by utilising the key pillars of Knowledge, Advocacy, and Action.

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## **MENTAL HEALTH, SELF CARE AND ADOLESCENTS: *It's okay to talk!***

### **Facilitator**

Pattie Gonsalves (Sangath)

### **Speakers**

Kanika Malik, Sweta Pal, Devika  
Gupta (Sangath)

The workshop will explore how to empower adolescents and young people to use social networks in a way that promotes their mental health and wellbeing. The workshop will provide an interactive platform for participants to explore common myths and misconceptions around mental health and mental illness; examine connections between key challenges for youth mental health and the participants' work/ programs to build greater sensitivity

and understanding; and, explore ways to integrate themes of positive mental health and wellbeing into the participants' work on adolescent health.

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### **HIV/AIDS**

*HIV/AIDS epidemic: Advocating for responsive policies*

#### **Facilitator**

Firoz Khan (National Coalition of People Living with HIV in India (NCPI+))

#### **Speakers**

Amrita (SAATHI India), Kusum (All India Network of Sex Workers, India), Brian Malika (Centre for Adolescent Study), Leena Uppal (MAMTA)

Worldwide, an estimated of 36.7 million people are living with HIV. HIV-infected adolescents largely belong to two distinct groups—those who acquired HIV in infancy, and

are heavily antiretroviral therapy (ART)-experienced, and those who acquired HIV more recently during their teens.

However, HIV management responses remain inaccessible for adolescents. This session will bring experiences of addressing HIV/AIDS epidemic and locate adolescents' needs within the larger framework of marginalization faced by other communities. It will also pay attention to the ethics of working with the marginalized communities to advocate for responsive policies.

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### **ADOLESCENT HEALTH IN HUMANITARIAN SETTINGS**

*When disaster strikes: Responding to adolescent health and priorities*

#### **Facilitator**

Nimisha Goswami (IPPF, South Asia)

#### **Speakers**

Rhea Chawla (TYPF)

Adolescents are one of the most underserved social groups with special sexual and reproductive health needs. Furthermore, during natural and human-made disasters that cause immense loss to lives, infrastructure and livelihoods, social, familial and protection structures also fall apart. Compounding such settings with the existing gaps in addressing the needs of adolescents results in a compromise of their dignities and makes them an extremely vulnerable group.

Services that target their special needs must be prioritized when disasters strike. Moreover, young people are very often left out of the planning and implementation processes of disaster response.

The facilitators will run a simulation of adolescent-friendly service provision during humanitarian settings to identify gaps and priority areas in an interactive manner with the attendees of the event.

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## **GENDER-BASED VIOLENCE**

*Addressing gender based violence as a public health issue*

### **Facilitator**

Tina Khanna (MAMTA)

### **Speakers**

Prageeya Khanna (She Says India),  
Adsa Fatima (Sama Resource Group for Women and Health, India),  
Sarah Jane Biton (Women's Global Network for Reproductive Rights, Philippines)

Worldwide, an estimated one in three women will be physically or sexually abused; and one in five will experience rape or attempted rape in their lifetime (WHO, 1997), making it one of the most rigorous challenges for women's health and well-being. Adolescents, especially adolescent girls and gender non-conforming adolescents are particularly vulnerable to Gender Based Violence (GBV). GBV, in

addition to extreme forms of sexual violence also includes intimate relationship violence, bullying and denial of specific health and hygiene services. This session will explore ways in which GBV impacts women and girls and will make recommendations on including GBV as a public health agenda.

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## **COMPREHENSIVE SEXUALITY EDUCATION**

**Youth for CSE:** *Transacting, Advocating and Addressing Community push-back*

### **Facilitator**

Manasa Priya Vasudevan (TYPF)

### **Speakers**

Marinella Matejčić (PaRiter, Croatia),  
Sarita Jadav (UNESCO, India), Aiman  
Khan (Nirantar, India)

### **Respondents**

Murari Chandra (MAMTA), Nalini  
Paul (Restless Development)

In the last decade, programmes on comprehensive sexuality education (CSE) for adolescents and young people (in and out of school) that move beyond the limited framework of body anatomy, reproduction and disease-prevention, have been recognized internationally. In this session, we will bring together CSE programmers from diverse contexts to advocate for rights based approaches to sexuality education and ways in which they make CSE fun and powerful for adolescents. The session will provide insights on mitigating pushback against CSE in the communities and mobilising youth to promote CSE.







**IAAH - 11<sup>th</sup> WORLD CONGRESS ON ADOLESCENT HEALTH SECRETARIAT**



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